



CERTIFICATE

OF COMPLETION

This certificate is presented to

Monika Tomažičová

For the completion of a 12-month training in the Mindfulness Teacher Training Course (MTTC)
This CPD (Continued Professional Development) certificate, authorises the recipient to offer
mindfulness teachings and courses.

Participants received a comprehensive training in teaching mindfulness and an exploration of a
range of mindfulness practices dedicated to daily life issues

Christopher Titmuss
Founder
Mindfulness Teacher



N. D.
Mindfulness Teacher